

SPARC & Chattanooga Therapeutic Recreation Information & Requirements:

More information on Bikes:

Hand cycles and tandem bikes are available for individuals who have physical and visual disabilities. Three wheeled bikes and additional bikes available too! In addition to this, Outdoor Chattanooga brings their bike fleet for additional support and traditional bike are available to check out. Depending on the cycle needed, participants will have to be approved by the group that owns the cycle (SPARC, Chatt TR, or Outdoor Chatt) and fill out liability forms from the specific group you use a cycle from.

Minimum Requirements for the Safety of Participants:

1. Must have the cognitive ability to follow directions and instructions.
2. Must be able to apply the brakes and come to a complete stop by the end of the first day of participation.
3. Must be able to ride independently on the path with a volunteer by the third day of participation.
4. Traumatic Brain Injury (TBI) must be one year post injury.
5. Must not have medical issues which could endanger the participant, including seizures.
6. Approved helmets must be worn by all riders.
7. Participants, or guardians for participants under the age of 18, must sign liability release forms from SPARC, a chapter or DSUSA.
8. Participants must meet weight requirements of equipment requested in order to use said equipment.